



STUDENT NOTES

Strengths and

Weaknesses

Name: _____

Date: _____

Period/Block: _____

How do your strengths and weaknesses relate to a potential career? Today you will think about your own strengths and weaknesses and get advice from professionals as to how they could help guide you towards a career that you will be most successful at.

Part 1: What are your hobbies?

Part 1: What are your hobbies? In the space to the right, list the hobbies you like participating in such as playing a sport or instrument, painting, backpacking, or playing board games.

Hobby List



Part 2: What are your strengths and weaknesses?

These could be related to hobbies you mentioned above (Ex. *Focused – this comes from watching youtube videos to learn new songs and practice them until they sound perfect*), what you have picked up as a student, teammate, or from being a family member.

Strengths	Weaknesses

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Part 3: Choose the 2 strengths you value most from your list

Write each on a separate post it and place it in the designated area below.

Part 4: How do my strengths relate to a career that may be right for me?

Next, you will use CareerVillage.org to make a link between the strengths you have developed thus far in life and how they may relate to a future career. Choose the path below that best fits your current stage in career planning, and use the question frames associated with it to ask those questions on CareerVillage. *Remember to provide more detail about yourself in the section below “Your Question”!

