Discover Your Working Style

A lesson on discovering what environments you work best in

Grades: 6 - 12	**Subject**: Multiple	**Topic**: Career

Lesson Summary:

Students will discuss how people can have different work style preferences. Next, students will participate in an activity that allows them to consider how they work best and what they might look for in a future work environment. Last, students will use CareerVillage as a way to discover if the jobs they are interested in align with their working styles.

Students will need to already be signed up to CareerVillage in order to complete this activity

Materials Needed:	**Learning Objective:**
1. Student worksheet attached to this lesson 2. Student wifi device to access CareerVillage.org	Students will increase awareness of their own personal working style and research how they may align with certain career paths.

Lesson Structure

Hook 15 mins	**SAY:** *Knowing when, where, and how you work best is extremely important for setting yourself up for success. In order to begin understanding this, we are going to start off today's lesson with a game of would you rather. In this game we'll debate preferences for working styles at school.* **DO:** Instruct students to stand in the middle of the room. Read each "would you rather" prompt and designate which side of the room they should stand on based on their choice. Once students have picked a side, ask one or two students to explain why they they chose that option. • Would you rather do a group project or independent project? • Would you rather take remote classes or in person classes? • Would you rather have to take a timed exam or have two weeks to work on a term paper? • Would you rather go on a field trip that has everything planned out or be able to have lots of free time to explore and discover on your own? **Reflection Question done in small groups or written:** What did you learn about yourself through this activity? What questions were easy for you to decide? Which ones were more difficult?

CareerVillage.org

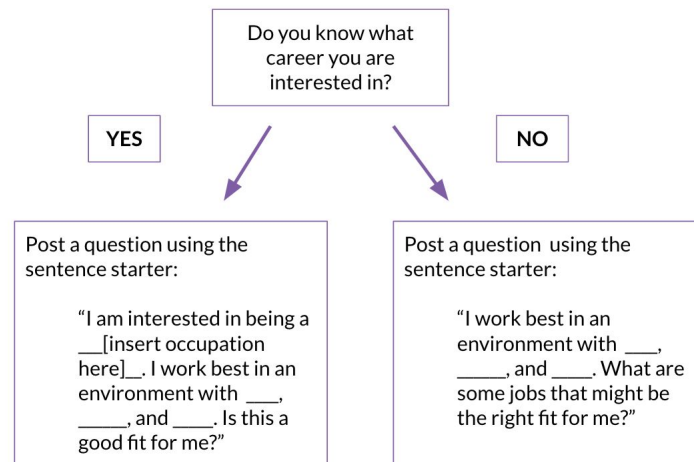|	
Class Activity **20 minutes**	*SAY:* This activity reveals things about your personal working style. Everyone has different personal preferences on how we like to get things done, spend our time and how we communicate. These preferences become important when thinking about what job you would like to have one day. When thinking about potential career paths, it is important to consider not only what you want to do but also **when**, **where** and **how** you prefer to work. You want to consider what elements of a work environment make you feel happy and motivated, and this will **help you discern what jobs could be a good fit for you.** . **DO:** Students will complete a worksheet where they are asked to think about their preference for different working styles. Then they will be tasked with narrowing down their list to 3 top things they would look for in a job. (note: this can be done individually or in small groups)
CareerVillage Activity **5 minutes**	**DO:** Instruct students ask a question on CareerVillage.org use the following sentence frames: Do you know what career you are interested in? YES NO Post a question using the sentence starter: "I am interested in being a ___[insert occupation here]__. I work best in an environment with ___, ____, and ____. Is this a good fit for me?" Post a question using the sentence starter: "I work best in an environment with ___, ____, and ____. What are some jobs that might be the right fit for me?"
Closing **1 minute**	**SAY:** *Today we talked about working styles and took the first step towards researching ways we can incorporate this into a future work environment. I am excited to see the answers you get on CareerVillage!* *Keep these ideas in mind as you continue to set career goals.*

Name:_____   **Date:_____**

Part 1 Directions: Give each value one a rating on a scale from 1-4.

> 1 = I do not agree with this statement
> 2 = I sort of agree with this statement
> 3 = I agree with this statement
> 4 = I strongly agree with this statement

Work style	Description	Rating
teamwork	I enjoy working with others and collaborating on projects.	
independence	I enjoy focusing on projects by myself.	
fast pace	I enjoy more high pressure/fast pace working environments. I prefer action over thinking.	
relaxed pace	I prefer having time to think through ideas and prepare to get a task done properly.	
structure	I like to stick to a routine and know what my responsibilities are.	
variety	I enjoy change and doing new things every day.	
leadership opportunity	I want to have the chance to lead groups of people to achieve a common goal.	
helping others	I enjoy supporting a team and providing assistance to help achieve a common goal.	
time flexibility	I value being able to choose or adjust my work hours.	
structure	I like to stick to a routine and know what my responsibilities are.	
variety	I enjoy change and doing new things every day.	
competition	I am motivated by and enjoy participating in competition.	
remote work	I want a job where I can work remotely.	
in-person work	I prefer working in a in-person environment.	
public contact	I want to interact with my community and people outside of my coworkers.	

2. The lists above are meant to be a starting point to help you brainstorm. They do **NOT** include all things someone could look for in a work setting. Below is a space for you to list any work styles you would like to consider that are not listed above.

Part 2 Directions: Look at all the work styles you gave top ratings to, and pick 3 that you think are most important to you when considering a career path. List them below:

1._____

2._____

3._____

Part 3: Post a question on CareerVillage.org using these sentence frames:

Do you know what career you are interested in?

YES

NO

Post a question using the sentence starter:

"I am interested in being a __[insert occupation here]__. I work best in an environment with ___, ___, and ___. Is this a good fit for me?"

Post a question using the sentence starter:

"I work best in an environment with ___, ___, and ____. What are some jobs that might be the right fit for me?"